

Questionnaire for Practice

W104- First Aid & CPR

Q.1 short Answer question (SAQ)

1. Define vital signs & its Parameter
2. Define first Aid .
3. Define Cardiac Arrest.
4. Define Hypovolemic shock.
5. indication of CPR.
6. Define Artificial Ventilation
7. What is Anaphylactic shock
8. What is the “Golden Hour” in emergency care?
9. What does implied consent mean in first aid?
10. List four vital signs checked during the secondary survey.
11. What are two signs of shock?
12. When should you perform a secondary survey?
13. Why is it important not to burst blisters caused by burns?
14. List any two causes of burns other than heat.
15. What does a critical burn involve?
16. What are agonal breaths and how do they affect CPR decisions?
17. What do you do if the chest does not rise during rescue breaths?
18. Define an open (compound) fracture.
19. Name two complications of fractures.
20. Why circulation must be checked after splinting a fracture?
21. Name three types of burns and one unique characteristic of each.
22. What are the steps in treating a chemical burn?
23. What is the CPR rate for compressions per minute?
24. What is the first aid procedure for a suspected fracture?
25. List signs of a full-thickness burn.
26. List two causes of seizures other than epilepsy.
27. What is the difference between heat exhaustion and heatstroke?
28. What first aid should be given for mild hypoglycaemia?
29. Name any two signs of hypothermia.
30. What is the main aim of first aid during a seizure?
31. Differentiate between an open and a closed wound

32. What are the key signs of internal bleeding?
33. What first aid steps should be taken for a nosebleed?
34. How can you check for circulation below a bandaged wound?
35. What is the first aid for a knocked-out tooth?
36. Define agonal breathing.
37. What is the purpose of allowing full chest recoil during CPR?
38. When is artificial respiration started in BLS?
39. What is the recommended compression depth for infants?
40. What is the difference between angina and a heart attack?
41. What are two early signs of a heart attack?
42. What does AED stand for and what is its function?
43. What should you do immediately after giving a shock with an AED?

Q.2 Short Answer Question

1. First aid in respiratory failure
2. Explain importance of first aid
3. Explain first aid management in cardiac arrest
4. Explain CPR
5. Explain Rules of first aid & its Instrument
6. Define abc's of emergency care
7. Write the note on first Aid poisoning.
8. Write golden rules of first aid
9. What is artificial ventilation.
10. Write the types of bandages?
11. Write the types of wounds and injuries?

Q.3 Long Answer Question

1. Define shock & Explain hypovolemic shock and management in shock ?
2. Define RTA & Management In RTA ?
3. Define five types of vital signs.
4. Write four objects of first aid
5. Write down instrumentation in first aid kit
6. Define first aid in cardiac arrest
7. What is first aid? What qualities should a first aider have?
8. Write preventive measures against heat stroke and sunstroke?

9. Write notes 1) Food poisoning 2) Stroke
10. Explain the steps involved in Emergency Scene Management (ESM).
11. Describe how to manage a casualty suspected to be in shock.
12. Explain the rule of nines in burn assessment and its application.
13. Describe the full CPR procedure for an adult.
14. Discuss the materials, steps, and precautions in applying a splint to a fracture.
15. Describe the signs and first aid management of a diabetic emergency.
16. Explain the first aid for a person having a generalized seizure.
17. Explain the types of wounds and their first aid treatment.
18. Describe the steps in managing severe external bleeding.
19. Describe the steps of adult BLS performed by a single healthcare provider.
20. Explain the differences in CPR between adults, children, and infants.
21. Explain the steps to take when providing first aid to a person having a suspected heart attack.
22. Describe how to perform high-quality CPR on an adult, including the role of the AED.